

26th December till 1st January

Bodysharp Glen Iris

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Closed	Closed	Closed	Closed	Closed

Bodysharp Camberwell

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5.30am			Boxing	Bootcamp	S&T	Closed
Venue			Fordham	Fordham	Fordham	
6.15am			S&T	Bootcamp	Boxing	
Venue			Fordham	Fordham	Fordham	
7.00am	S&T	Boxing	S&T	Boxing	S&T	
Venue	Fordham	Fordham	Fordham	Fordham	Fordham	
9.00am	Boxing		S&T		S&T	
Venue	Fordham		Fordham		Fordham	
5.00pm	S&T	S&T	S&T	S&T		
Venue	Willison	Willison	Willison	Willison		
5.45pm	S&T	Bootcamp	Boxing	Bootcamp		
Venue	Willison	Willison	Willison	Willison		
6.30pm	Boxing	S&T	S&T	S&T		
Venue	Willison	Willison	Willison	Willison		

2nd January till 8th January

Bodysharp Glen Iris

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Closed	Closed	Closed	Closed	Closed

Bodysharp Camberwell

 All Saturday Morning Sessions at Ferndale Park in Glen Iris

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5.30am		Bootcamp	Boxing	Bootcamp	S&T	7.00am
Venue		Fordham	Fordham	Fordham	Fordham	Boxing
6.15am		Bootcamp	S&T	Bootcamp	Boxing	7.45
Venue		Fordham	Fordham	Fordham	Fordham	S&T
7.00am	S&T	Boxing	S&T	S&T	S&T	8.30am
Venue	Fordham	Fordham	Fordham	Fordham	Fordham	Running
9.00am	Boxing		S&T		S&T	9.15am
Venue	Fordham		Fordham		Fordham	Boxing
5.00pm	S&T	S&T	S&T	S&T		
Venue	Willison	Willison	Willison	Willison		
5.45pm	S&T	Bootcamp	Boxing	Bootcamp		
Venue	Willison	Willison	Willison	Willison		
6.30pm	Boxing	S&T	S&T	S&T		
Venue	Willison	Willison	Willison	Willison		